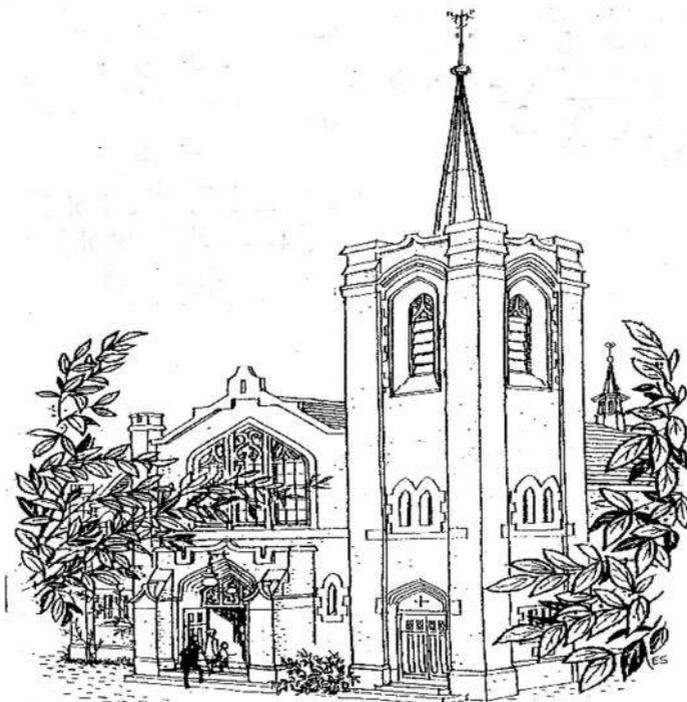


# The Drive Methodist Church

Eastern Avenue, Ilford IG1 3PP

## Newsletter

November 2021



**Minister: Revd. Mmasape Zihle**

**Email: [Mmasape.zihle@methodist.org.uk](mailto:Mmasape.zihle@methodist.org.uk)**

# Church Mission Statement of The Drive Methodist Church

The Drive Methodist Church aims to be faithful to the commandments of Jesus, and the calling of the Methodist Church.

The calling of the Methodist Church is to respond to the gospel of God's love in Christ and to live out its discipleship in worship and mission, and to fulfil the promises detailed in the Methodist worship book.

Provide a weekly opportunity for all people to worship God in Christ, here at The Drive Methodist Church.

Enable people to grow and learn as Christians through mutual support and care.

Be a good neighbour to the immediate and wider community. Sharing our faith with others through pastoral care, church activities and communication.

Mmasape sends her thoughts and prayers to you all.

## Social Justice

As Christians, we are called to act justly, and to work for God's kingdom on earth as it is in heaven. The Methodist Church has a long history of living out our calling to justice and peace, by speaking up in the public square.

From the Wesley's' work on prison reform and the abolition of the slave trade to a Methodist presence in campaigns such as Make Poverty History, the Fairtrade movement and Jubilee 2000, taking a stand is part of our Methodist heritage.

Today, Methodist churches around the connexion reflect this in Our Calling, to be 'a good neighbour to people in need and to challenge injustice'. As churches host debt centres, food banks, supper clubs and mutual aid groups, they continue to question why such help is needed. Not only do we want to see poverty and inequality alleviated, but we also want to change the structures and systems which bring it about in the first place.

Much of our social justice work is done ecumenically, in partnership with other churches in the UK (including the United Reformed Church, Baptist Union of Great Britain and Church of Scotland), as part of the Joint Public Issues Team (JPIT).

The Joint Public Issues Team exists to equip Christians to act and pray on issues of injustice, resource churches to reflect and campaign effectively and help our churches to speak out with a distinctively Christian voice on injustice. We work together around our 'Six Hopes for Society':

- A just economy that enables the flourishing of all life
- A world that actively works for peace
- A society that welcomes the stranger
- A society where the poorest and most marginalised are at the centre
- A planet where our environment is renewed
- A politics characterised by listening, kindness and truthfulness.

ACT JUSTLY, LOVE MERCY, WALK HUMBLY WITH GOD

The Methodist Church

## CHURCH FAMILY NEWS

We remember in our prayers all who have been bereaved, those struggling with their health, receiving hospital treatment and those whose circumstances confine them to home.

We particularly remember:

Rev. Mmasape who has been caring for her mum who is very poorly in South Africa.

Mike, who is recovering from an eye procedure.

Janet B who is undergoing tests.

— — — — —



We send best wishes to Frank who will be celebrating his birthday on 5th November (so that's what all the fireworks are for!)

Rochelle will be the birthday girl on 21st Nov.

Congratulations to Annes daughter Joanne and her partner Tracy on the occasion of their recent marriage.

Many congratulations and best wishes to you all

Here we have a poem from Chloe age 11. Chloe is Brian G's granddaughter.

WE ARE ONE– (Black History Month)

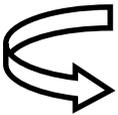
It's that important time of year again  
For lots of boys, girls, women and men  
That had to go through life's obstacle course  
And those who caused misery show no remorse  
And for the people who are told they don't fit in  
Is just because of the colour of their skin.  
People can be nasty, people can be vile  
People can make them stand up on a bus for a while  
Like Rosa Parks, for instance,  
Her refusal was not a coincidence  
They let white people on a bus  
Sit in the front row without a fuss  
And I know that this isn't fair  
That black people couldn't be president or mayor  
Their choices are low, their chance are small  
We should all treat others the same way,  
we are all people after all

No matter what country, city, town or hamlet we are at  
We should all respect each other and keep in mind that  
What is popular, isn't always right  
We should accept others for who they are,  
we must all see the light  
Having the right for food, clothes, shelter and care  
We should live in a world where everyone's opportunities are fair  
Black people are no different from anyone else, ever  
Never treat people from any one else, ever  
Because many years ago, people weren't treated the same  
Didn't have the right love, rights, money or fame  
The people that are indifferent to others feelings, don't think  
about  
All the sadness they let others into, what they think and they  
doubt  
So right now, on this very special month of the year  
We all come together without any fear  
Everyone deserves to be treated the same, no matter what

Because God loves us all, he loves us a lot,  
For who we are and who we look up to, like a sister or a  
brother  
That all of us, inside, are no different from one another  
Because we were born for a reason, we were made to see  
That we are heroes in ourselves and heroes we can be!



Thank you for your powerful and thoughtful poem  
Chloe. LB



WHAT'S HAPPENING ?

Monthly Saturday Fish and Chip Lunch

(other food choices too)

November 6th

12 for 12.30 in the Church Parlour

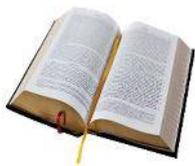
We hope friends will enjoy the opportunity for good food and  
fellowship.

Please see Ruth or Lorraine for details.

Next lunch date will be 11th December.

Same time, Same place.

## Bible Reading Group



The Bible Reading Group will be discussing Genesis, chapters 41 to 45 on Friday 26 November at 11:00am at 104 Wanstead Lane followed by refreshments.

Jan and John.

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THANKYOU TO THE PRAYER TEAM WHO CONTINUE TO PROVIDE THOUGHTFUL DAILY PRAYERS ON ' THE DRIVE TOGETHER' WHATS APP.

### Fundraising News

MacMillan Coffee Morning at Redbridge Social Centre

I am pleased to report that this was a successful event, raising £1226.

Thank you for your support, especially Kay Whiddon and her Pre-School team, who again arrived with their delicious and very popular Asian food.

Audrey Taylor

What a great effort! LB

Oyez, Oyez, Oyez — News from Your Church Stewards  
Come join your friendly bunch of stewards!

We are pleased to let you know that Ruth has stepped forward and is joining our team. Ruth will be given lots of information and assistance to take up the role and you could join her.

Would you be able to help us a few times a month, so that together we can keep the church running? If you want to talk about this or have any questions, please ask any of us stewards; Diane, Hilary, Oli, Sheela or I will be happy to help.

#### Church Council Meeting

Our meeting is Saturday 6th November, 10am, via Zoom. You are all invited to attend and get involved.

#### Remembrance Sunday

Please remember that on 14th November our service will begin at 10.45am so that we can observe the silence at 11am.

#### Circuit news

Sunday 14th November - 2.30pm Memorial Service at The Drive. This service is to particularly remember all our friends in the Circuit who have died during the COVID period.

Sunday 28th November - 4pm Advent celebration at Goodmayes Methodist Church. Further details to follow, but it is hoped that this will be a 'Songs of Praise' service.

Til next month,

Michelle Garner

# COVID-19 Response: Autumn 2021

The country is learning to live with COVID-19, and the main line of defence is vaccination.

The following safer behaviours and actions are practical steps you can take to help protect yourself and others.

## Safer behaviours and actions



Meeting outdoors is safer. If you meet indoors, let fresh air in



Wear a face covering in crowded and enclosed settings where you come into contact with people you do not normally meet



Get tested, and self isolate if required



Try to stay at home if you are unwell



Wash your hands



Download and use the NHS COVID-19 App

For more information, visit [gov.uk](https://www.gov.uk)

## Banner drop for COP26 in London, Manchester and Glasgow

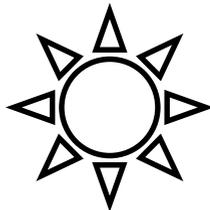
Methodist churches in London, Manchester and Glasgow unfurled banners this weekend as part of global action from faith communities calling for climate justice and care for the vulnerable ahead of COP26, the UN Conference on climate change in Glasgow next month.

Members of the congregation and church leaders from Methodist Central Hall, Westminster. Visitors to London will also see the church's call to pray for COP26 on the outside of the building, which was the venue for the inaugural meeting of the United Nations Assembly in 1946.

The Revd Tony Miles, Superintendent Minister said, "We wanted to make a public declaration to assure people we are praying for COP26 and to inspire others to do same. We are urging the world leaders gathering in Glasgow next month to 'make COP count' and, as a Church and Conference Centre, we are endeavouring to make a difference locally too."

Eliana Achila a 13 year old member of Methodist Central Hall Westminster said, "Climate change is real and it is the poorest and most vulnerable on our planet that bear the greatest cost".

## A Prayer for Change



Father of creation,  
thank you for all that you have made;  
For the stunning diversity of humankind,  
for the beauty of every flower head,  
the abundance of a healthy harvest.  
Help us to tread lightly and live wisely,  
remembering our place in the great web of creation.  
Challenge us where we need to change our lifestyles,  
convict us when we need to speak out  
to amplify the voices of those who are so often ignored.  
Give us the courage to speak truth to power.  
Send us out to play our part in your work  
of restoring your world, healing broken relationships,  
working for justice and loving all people.

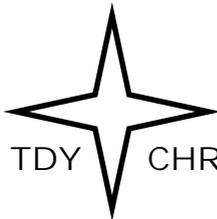
Amen



A REMINDER FROM BRIAN . . . . .

Are you filling a box for the Christmas Child Shoebox Appeal?

Please get them to church by 15<sup>th</sup> November.



TDY CHRISTMAS GET TOGETHER

SATURDAY 4TH DECEMBER

12—2PM in THE CRANBROOK ROOM

## Ilford Hospital Chapel

### CHRISTMAS BAZAAR:

Saturday 27th November, 10.30am – 2.00pm

The Annual Christmas Bazaar inside the Hospital Chapel used to be a “must not miss” date for many of our members, except, of course, last year it became, sadly, a date we had to miss. It may be slightly scaled down this year, but – hopefully! – it will be back, giving you, your friends, and neighbours a chance to stock up on Christmas gifts and cards in a friendly and civilised way without all that pushing and shoving in the crowded shops. For others, it’s a chance to get away from the crowds and the traffic outside, have a look around, and sit down with a cuppa in the calm and beauty of Ilford’s oldest building – our precious piece of heritage. Everyone is welcome.

Ruth will be at the bazaar selling her lavender hearts for ‘Raysin Hope’



The Hospital Chapel of St Mary the Virgin and St Thomas of Canterbury, Ilford, also known as Ilford Hospital Chapel is on Ilford Hill. It is an ancient charitable foundation dating from about 1140, and is the oldest building in the London Borough of Redbridge. Since 1954 it has been protected as a Grade II\* listed building under UK legislation.

Once again the Chapel is able to offer a weekly Eucharist Services – every Thursday between 12.35 and 1.15pm. We are here on Thursdays.

To view the wonderful 360° video of the Chapel interior created by the Redbridge Heritage Centre, use this link. <https://kuula.co/post/7H0v7/collection/7PhZd>

## BIBLE QUIZ

(answers on page 32)

1. The Book of Genesis tells how the wife of Lot looked back at Sodom, but on doing so, what did she become?
2. What were the names of Noah's three sons?
3. What is the shortest chapter in the Bible?
4. How many chapters are there in the Old Testament?
5. Which phrase is famous for being the shortest verse in the King James version of the Bible?
6. Which Psalm is 'The Lord is my shepherd'?
7. What word beginning with the letter A describes a white linen cloth worn on the neck and shoulders, under the alb, by a priest celebrating the Eucharist?
8. What is the fourth Station of the Cross?
9. What is the meaning of the word 'Amen'?
10. What word, beginning with the letter S, describes a day of rest and worship?
11. Who did God call upon to travel to Nineveh in order to warn people to repent of their sins?
12. What is the longest name that appearing in the Bible?

## Brian's Musings



"Constant kindness can accomplish much. As the sun makes the ice melt; kindness causes misunderstanding, mistrust and hostility to evaporate".

Albert Schweitzer

"An eye for an eye only ends up making the whole world blind"

Mahatma Gandhi



### SPRING BULBS

By the time you read this, the gardens and grounds around the church will have been planted with spring bulbs as part of Redbridge Councils ' Spruce up your Neighbourhood' Campaign. The bulbs were provided free by the council and in return they ask that we provide photos of the bulbs in flower.

Many thanks to all who helped with the planting.

As the dark days of winter descend, lets look forward to seeing a bright display in the spring. LB



Free Registration for the following online courses can be accessed from Eventbrite.

Youth Mental Health First Aid Training Course | 16, 18, 23 and 25 November (four-day course)

This course is open to all those who are volunteers, leaders, lay workers and parents connected to the Methodist Church. Attendees must be able to participate in all four sessions. For more information, including costs and what to expect, please [click here](#). This course is hosted by The Well and MHFA England. Registration closes on Monday 01 Nov.

Webinar Series on Social Justice and Evangelism

Tuesday 23 November 7pm—8.30pm

Join Church at the Margins Officer, Eunice Attwood and Paul Morrison, Policy Advisor at the Methodist Church for a conversation with President of the Methodist Conference, Revd Sonia Hicks and other practitioners to discuss how they are responding to God's love for all people against a backdrop of rising fuel costs and cuts to Universal Credit.

Domestic Abuse Webinar 25 November 10am—12pm

Aimed at promoting awareness, The Methodist Church will mark International Day for the Elimination of Violence against Women with its second webinar on domestic abuse. Speakers include: Jess Phillips - Labour MP and Shadow Minister for Domestic Abuse and Safeguarding, Ian McNicholl - survivor and ambassador for the charity Men Reaching Out, alongside Revd Sonia Hicks and Revd Henry Lewis (Chair of the Safeguarding Committee for the Methodist Church). Facilitated by London's District Safeguarding Officer Becky Skinner.

Lets Sing 🎵 🎵 🎵

For the beauty of the earth

For the beauty of the skies

For the love which from our birth

Over and around us lies

Lord of all, to Thee we raise, this our joyful hymn of praise

For the beauty of each hour

Of the day and of the night

Hill and vale and tree and flower

Sun and moon and stars of light

Lord of all to these we raise, this our joyful hymn of praise

For the joy of human love

Brother, sister, parent, child

Friends on earth and friends above

For all gentle thoughts and mild

Lord of all to these we raise, this our joyful hymn of praise

For each perfect gift of Thine

To our race so freely given

Graces human and divine

Flower's of earth and buds of heaven

Lord of all to these we raise, this our joyful hymn of praise

## A memory from Josie — Early & Young Retired Club



In 1984, my late husband Leslie and a friend, George, realised people were retiring early and decided to set about starting a club for the over 50's.

At first they were given a wooden hut on the corner of Green Lanes in Ilford for 2 hrs a week. It began as just meeting to chat and have tea, coffee and biscuits but it took off very quickly and growing in numbers, they applied for a council grant which was successful.

This enabled them to move the club to a larger room in Ilford Library where it continued to grow until it reached its capacity of 100 people a week, with a substantial waiting list.

One year it was decided to hold a Christmas Lunch and so an adjoining room was opened for extra space and tables stretched the entire length.

Twelve of us spent the morning decorating the room and dressing the tables. Food was bought in by helpers and we all sat for a 3 course lunch followed by games. When 4 o'clock came we cleared up after an what was an amazing feat that had been a complete success.

A few of the activities were: Cheese & Wine, Home Cooking, Bring & Buy, Auction Day, Books and Plants, Christmas Bazaar, Bingo, and various raffles to name but a few.

Sometimes we had speakers such as Local MP's, Emergency Services, Someone from the Falkland Islands, talking about the war, A retired Yeoman who came proudly in his uniform to talk about the precious Crown Jewels he looked after, and so many other interesting people who shared captivating stories.

We had many outings to The House of Commons and The House of Lords, The Royal Mews, where we saw the royal cars and the Golden Coach, Clarence House which was filled with personal photos of the Royals, The London Eye and again this is to name but a few.

Most popular were our holidays. Well organised. We filled a coach full and descended on some wonderful hotels. We seemed to be away so many times a year and had some wonderful times. Our holidays were not just in the UK as we hit Europe a few times as well. We always went away as a group for 3 nights for New Year, which was very special and so lovely to welcome in the New Year with all our great friends.

Thirty seven years on, the group is still going in a room at Ilford Library. Nowhere near the numbers we used to have and mostly now just board games and a chance to catch up in person, with those still with us. A great legacy from something that started so small.

Josie Jiggins (still president of the E.Y.R.C on paper that is)



Josie, what a wonderful achievement to look back on. LB



*In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.*

© [www.free-for-kids.com](http://www.free-for-kids.com)

**Remembrance Day, 11<sup>th</sup> hour, 11<sup>th</sup> Day, 11<sup>th</sup> month**

## For the Fallen

With proud thanksgiving, a mother for her children,  
England mourns for her dead across the sea.  
Flesh of her flesh they were, spirit of her spirit,  
Fallen in the cause of the free.

Solemn the drums thrill; Death august and royal  
Sings sorrow up into immortal spheres,  
There is music in the midst of desolation  
And a glory that shines upon our tears.

They went with songs to the battle, they were young,  
Straight of limb, true of eye, steady and aglow.  
They were staunch to the end against odds uncounted;  
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.

They mingle not with their laughing comrades again;  
They sit no more at familiar tables of home;  
They have no lot in our labour of the day-time;  
They sleep beyond England's foam.

But where our desires are and our hopes profound,  
Felt as a well-spring that is hidden from sight,  
To the innermost heart of their own land they are known  
As the stars are known to the Night;

As the stars that shall be bright when we are dust,  
Moving in marches upon the heavenly plain;  
As the stars that are starry in the time of our darkness,  
To the end, to the end, they remain.

Laurence Binyon

ACTUAL CHURCH NOTICE BOARD MESSAGES 

' TWEET as you would like to be tweeted'

' Adam and Eve, the first people not to read the  
Apple terms and conditions'

' Don't let me come down there! - God'

' Car Parking– Trespassers will be baptised!'



# Roald Dahl Quiz

1. What is the name of the headmistress in Matilda?

.....

2. Complete the title of this book:

Danny the .....

3. What is the name of the little girl in the BFG?

.....

4. Which book tells the story of a 'fantastic' animal?

.....

5. What does the BFG stand for?

.....

6. Who illustrated Roald Dahl's books?

.....

7. What animal features in Esio Trot?

.....

8. What is the name of the schoolteacher in Matilda?

.....

9. Who does George make his marvellous medicine for?

.....

10. What is Charlie's surname?

.....

11. Complete the title of this book:

Charlie and the Great .....

12. What is the name of the spoilt child in Charlie and the Chocolate Factory?

.....

13. What does Charlie get for his birthday every year?

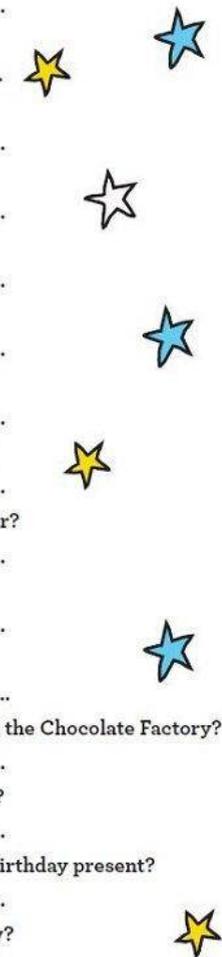
.....

14. What does Charlie find under the wrapper of his birthday present?

.....

15. Who accompanies Charlie to the chocolate factory?

.....



## TREE PLANTING IN OUR COMMUNITY

A great opportunity to take part in celebrating our Queens Platinum Jubilee.

Everyone should be able to get involved in Planting a Tree for the Platinum Jubilee in celebration of The Queen's 70 years of Service to the Nation. Whether you are a seasoned gardener or a complete novice, we will guide you through the process of planting trees so that they survive and flourish for years to come.

If you wish to plant a tree in your garden to commemorate the Platinum Jubilee, we recommend you order a tree/trees from a certified Plant Healthy nursery in your area. Please see Communities and Groups - The Queen's Green Canopy ([queensgreencanopy.org](http://queensgreencanopy.org)) for advice on the tree planting season (October to March), where to plant and how to secure a healthy tree which is right for your location.

From October, you can add your Jubilee tree to the Queens Green Canopy map.

You may also wish to mark the occasion with a commemorative plaque. The QGC is offering a physical, as well as a virtual commemorative plaque option, in keeping with an environmental initiative. Please visit our Commemorative Plaques - The Queen's Green Canopy ([queensgreencanopy.org](http://queensgreencanopy.org)).

This is a summary of a letter of thanks sent to our treasurer John, regarding the monetary giving from the Harvest Service.

A full copy of the letter can be seen on the Church Notice Board

The Methodist Church Whitechapel Mission  
8th October 2021

Please accept and pass on our thanks to the members of The Drive Methodist Church for the generous donation of £273.00 towards our work amongst people who are homeless and rely on the Whitechapel Mission for the simple necessities of life.

As the Mission continues to care for an increasing number of our most vulnerable guests during the (Covid-19) emergency, we remain committed to the health, safety, and well-being of all. Our guests who are experiencing homelessness do not have the option to 'stay at home' to avoid risk to themselves or others—so we are reliant on friends like you who choose to give generously.

Thank you again for your most generous donation. It really does make a difference to the lives of people who are homeless, whom we serve in your name.

With grateful thanks,

Chandra Rakshit– Leigh  
On behalf of The Whitechapel Mission

## International Day for the Elimination of Violence Against Women 25th November.

This year's theme for the International Day for the Elimination of Violence against Women is "Orange the World: Fund, Respond, Prevent, Collect!". Like in previous years, this year's International Day will mark the launch of 16 days of activism that will conclude on 10 December 2020, which is International Human Rights Day.

Several public events are being coordinated for this year's International Day. Iconic buildings and landmarks will be 'orange'd' to recall the need for a violence-free future.

### The Shadow Pandemic

Since the outbreak of COVID-19, emerging data and reports from those on the front lines, have shown that all types of violence against women and girls, particularly domestic violence, has intensified.

This is the Shadow Pandemic growing amidst the COVID-19 crisis and we need a global collective effort to stop it. As COVID-19 cases continue to strain health services, essential services, such as domestic violence shelters and helplines, have reached capacity. More needs to be done to prioritise addressing violence against women in COVID-19 response and recovery efforts.

UN Women provides up-to-date information and support to vital programmes to fight the Shadow Pandemic of violence against women during COVID-19.

A Prayer for Women Against Violence Sunday -  
28th November

We worship you, the God of love:

You hold the world in tender embrace,

You feel the hurt and sorrow we bear,

You comfort the wounded heart.

We thank you that in Jesus Christ

You held women in high esteem,

You understood their secret heartaches,

You inspired their love and trust.

We praise you, the Spirit of truth:

You uncover the lies and distortions,

You name the violence in our hearts,

You seek to transform the pain.

O God, we ask that you will reveal

The persistent wrong in our lives,

The reality we choose to ignore,

The abuse we tolerate of other people.

Change our heart and our lives, we pray,

That your image may grow in us

And in those we love.

Amen.

## Helplines and Support

Christians Against Poverty (CAP) provides free debt help and local community groups across the UK. Our free services, run with local churches, provide practical and emotional support and show people that there is always hope. Ilford CAP Debt Centre is run in partnership with City Gates Church. Call 0800 328 0006 to speak to a debt coach.

Concerned about a rough sleeper? Tell someone.

If you want to tell us about someone sleeping rough, you can contact Street Link on 0300 500 0914 .

Victim Support 08 08 16 89 111 is here to help anyone affected by crime

Freephone [www.victimsupport.org.uk/help-and-support/get-help/support-near-you/east-england/essex](http://www.victimsupport.org.uk/help-and-support/get-help/support-near-you/east-england/essex)

Mind for Mental Health Support Infoline: 03001233393

Email: [info@mind.org.uk](mailto:info@mind.org.uk)

Samaritans now has a free telephone number.

You can talk to Samaritans on the phone whatever you are going through. Calls are free from anywhere in the UK on telephone number 116123 day and night. If you prefer to email you will receive a response within 24 hours by contacting us on [jo@samaritans.org](mailto:jo@samaritans.org)

Childline You can talk to us about anything. No problem is too big or too small. Call 0800 1111 or via 1-2-1 chat between 7.30am and 3.30am every day.

Call the National Domestic Abuse helpline on  
0808 2000 247

Call Age UK Redbridge, Barking and Havering  
020 8220 6000

CITIZENS ADVICE Central Library, Clements Rd, Ilford  
IG1 1E Phone: 020 8514 1878

## Answers to Roald Dahl Quiz (Page 24)

1. Miss Trunchbull
2. Danny the Champion of the World
3. Sophie
4. Fantastic Mr Fox
5. Big Friendly Giant
6. Quentin Blake
7. Tortoise
8. Miss Honey
9. His grandma
10. Bucket
11. Charlie and the Great Glass Elevator
12. Veruca Salt
13. One chocolate bar
14. A golden ticket
15. Grandpa Joe

## Answers to Bible Quiz (page 15)

- |                           |                           |
|---------------------------|---------------------------|
| 1. A pillar of salt       | 2. Shem, Ham and Japeth   |
| 3. Chapter 595, Psalm 117 | 4. 929 chapters           |
| 5. Jesus Wept             | 6. Psalm 23               |
| 7. Amice                  | 8. Jesus meets his mother |
| 9. So be it               | 10. Sabbath               |
| 11. Jonah                 | 12. Maher-shalal-hash-baz |

# SUPPORT REDBRIDGE FOOD BANK

Helping Local People in Crisis

Jubilee Church 14 Granville Road Ilford IG1 4JY

Website: [www.redbridge.foodbank.org.uk/](http://www.redbridge.foodbank.org.uk/)

Phone: 020 8518 0056

The Foodbank has fed 15, 000 people with 3-day emergency parcels since April 2020.

Opening times for donations are:

Tue: 11.30am – 1pm Sat: 10am- 12.30pm

Opening times for collection are:

Tue: 12pm – 1pm, Wed 2pm – 4pm, Sat 10am- 1pm

Our shopping list is:

Tinned Meat/Fish Custard/Rice Pudding

Tinned Fruit Pasta Sauce Jam/Spreads

Long Life Milk and Juice Tinned Spaghetti

Sanitary items Toilet Paper Toiletries

Size 6+ Nappies, vegetable cooking oil, rice.

## A FRANCISCAN BLESSING

May God bless you with a restless discomfort about easy answers, half-truths and superficial relationships, so that you may seek truth boldly and love deep within your heart.

May God bless you with holy anger at injustice, oppression, and exploitation of people, so that you may tirelessly work for justice, freedom, and peace among all people.

May God bless you with the gift of tears to shed with those who suffer from pain, rejection, starvation, or the loss of all that they cherish, so that you may reach out your hand to comfort them and transform their pain into joy.

May God bless you with enough foolishness to believe that you really can make a difference in this world, so that you are able, with God's grace, to do what others claim cannot be done.

Amen

## November Diary

Sunday 7<sup>th</sup> 11:15 am

Morning Service including Holy Communion led by  
Rev'd Mmasape Zihle

Sunday 14<sup>th</sup> 10.45am (earlier start)

Remembrance Day Service

Morning Service led by Rev'd Mmasape Zihle

2.30pm Circuit Memorial Service at The Drive for all who  
were lost during the past 18 months.

Sunday 21<sup>st</sup> 11.15am

Women Against Violence Sunday

Morning Service led by Mrs Jan Pearson

Friday 26<sup>th</sup> November

Bible Study Group (see notice for details)

Sunday 28<sup>th</sup> 11.15am

Advent Sunday

Women Against Violence Sunday

Morning Service led by Rev'd Mmasape Zihle.